

How to Use

- Challenge yourself to complete all of the activities by the end of the summer.
- Encourage your friends, family and people in your community to participate with you!

Make the most of your June is Recreation and Parks Month! Each day is a new day to explore and celebrate the benefits of recreation and parks near you.



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KID'S ACTIVITY PASSPORT



Name:

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- Play Hide and Seek!** Find a park with lots of trees and enjoy a good old-fashioned game of hide and seek with your friends.
- Have a ball.** Try a sport using a ball, such as soccer, tennis or just play catch!
- Have a picnic!** Explore a new park and enjoy some food!
- See the stars.** Stay up late to check out the big dipper and the little dipper.
- Visit a local farmer's market.** Find out the name of a local farmer who brings you fresh food, grown right here in Ontario!
- Plant an idea!** Plant some seeds and grow your very own peas, lettuce or beans. They all grow very quickly and taste good too!

- Bug Safari!** Go on a bug safari and check out the critters in your neighbourhood.
- Smell the flowers.** The sense of smell is a wondrous thing. Can you find a flower that is native to Ontario?
- Bird watch.** How many different birds fly through your neighbourhood? Can you spot a blue jay?
- Play a game of tag.** Grab a friend and give yourself lots of space to run around. See how fast you can go!
- Take a hike!** Take your family on a tour of a local hiking path and enjoy!
- Swinging!** Find a park with a swing set to enjoy a day outdoors with your family and friends.

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