

How to Use

- Challenge yourself to complete all of the activities by the end of the summer.
- Encourage your friends, family and people in your community to participate with you!

Make the most of your June is Recreation and Parks Month! Each day is a new day to explore and celebrate the benefits of recreation and parks near you.



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YOUTH ACTIVITY PASSPORT



Name:

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- ❑ **Scavenger hunt!** Find a park and enjoy a good old fashioned scavenger hunt with your friends. Play as an individual or as a team to complete your list.
- ❑ **Lend a helping hand.** Stay involved and give back to your community by volunteering at your local community centre or school.
- ❑ **Have a ball.** Try a sport using a ball, like soccer, tennis or just play catch!
- ❑ **Get wet.** Grab your friends on a hot summer day and head to your local swimming pool or lake.
- ❑ **Visit a local farmer's market.** Find out the name of a local farmer who brings you fresh food, grown right here in Ontario!
- ❑ **Bike it!** Discover trails and paths in your community on your wheels.

- ❑ **Go to the beach!** Grab your friends to play games and soak up the sun!
- ❑ **Take a picture.** Catch snapshots of life and discover your community.
- ❑ **Play a game!** Organize a sports game or a favourite activity with a group.
- ❑ **Take a hike.** Take your family on a tour of a local hiking path and enjoy!
- ❑ **Paint a picture.** Collect some painting supplies and start creating your masterpiece.
- ❑ **Connect with us!** Share your experiences with us on Facebook or Twitter by using the hashtag:



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